



# MED TO ONE

Providing medicine for long-term needs, one patient at a time.

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In November I'll be traveling to Peru and Bolivia to visit all three of Med to One locations, and as many patients as I can in the 8 day trip. As I made the plans I realized it was just two years ago that I went to Peru in the hopes of establishing Med to One's network, armed with nothing but the email address of a local doctor. Now, two years later, I spent hours figuring out how to fit all of the locations, coordinators, and patients into my itinerary. What a wonderful problem to have! And already God is placing on my heart the need to keep growing, and expand to new locations. Thank you for all of your support which has made Med to One the success it is. Tauni Crefeld, President, Med to One.

## MED TO ONE: Breaking the Cycle

MED TO ONE'S mission has always been to help patients live normal life; to help them break out of the vicious circle where their condition won't permit them to work, yet without work they cannot purchase their medicine. This circle is especially true with patients with epilepsy where the appropriate medication taken routinely can stabilize the condition and prevent or limit seizures.



Wilder, epilepsy, MED TO ONE Graduate

Wilder, who was sponsored by MED TO ONE for several months, has gotten a job, is now able to pay for his own medication, and so has graduated from MED TO ONE'S program. Wilder is working at a construction job, a physically-demanding job which could be dangerous were his epilepsy not under control.

Prior to MED TO ONE'S support, Wilder felt like an invalid, unable to do more than simple tasks like a child could do. He was despondent, and felt unable to control his own destiny. MED TO ONE stepped in and gave him the medicine not only to control his seizures, but which made him realize that he could control his own life.

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### Special points of interest:

- MED TO ONE now supports 50 patients in 3 locations
- Sponsors can write to their patients, pray for them, and make a personal connection
- Copies of the MED TO ONE Documentary are still available!

### Want to be a MED TO ONE Sponsor?

Be a One to One Sponsor, and find out what a difference you can make in someone's life.

Sign up online at:  
www.med2one.org or  
Call 973-626-9928 or  
Write us at:  
PO Box 26  
Bloomington NJ 07403



Before MED TO ONE

Adrian 27, from Arequipa, Peru had been working as the fee collector on a bus line, but five years ago he fell out of the bus and suffered severe head trauma. He had no medical support then, nor did he later when his behavior began to change. Finally, he was admitted to the hospital and diagnosed with Organic Brain Syndrome (OBS) and mental retardation. Rather than being a disease, or specific condition, OBS is a general category of physical conditions that can cause mental changes. But again, because of lack of economic resources, Adrian

### Patient Spotlight: Adrian Before and After

Adrian Cahuana Villena's life has been radically improved by MED TO ONE'S support. He went from living on the street, violent and out of control, to living in a group home, happily living up to his potential.

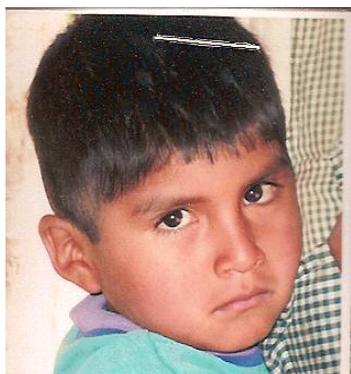
After MED TO ONE



(Continued on page 3)



**Louis Carmelo Barriento Hurtado** with his mother Delsy.



**Javier Marino**, epilepsy



**Yoselin Rivera Orellana**, age 18, epilepsy



**Vilma Olmos Romero**, 15, Epilepsy

## Update on Bolivia

Santa Cruz Bolivia is **MED TO ONE'S** newest location, having launched only in February 2007. But through its tight coordination with Medical Ministry International (MMI), the patient roster is growing fast. **MED TO ONE'S** Bolivia location currently supports 12 patients.

**Louis Carmelo Barriento Hurtado, age 17, epilepsy.** Louis was diagnosed with epilepsy when he was 7 years old. He had to abandon attending school because of his seizures. He currently lives with his 3 siblings and his mother near Santa Cruz Bolivia.

**Javier Marino, epilepsy, cardiac arrhythmia.** Javier was identified on the most recent MMI mission in August. Javier needs more tests, but family is too poor to pay for tests. **MED TO ONE** will determine what it can do to help.

**Yoselin Rivera Orellana, age 18 months, epilepsy.** Yoselin was diagnosed with epilepsy when she was 6 months old. Yoselin's mother is a single mother, who is dependant on her own parents who work in agriculture.

**Vilma Olmos Romero, age 15, epilepsy.** Vilma was diagnosed with epilepsy when she was 12 years old. Vilma lives with her parents. Her mother is a homemaker. Her father is a day laborer in the fields. Vilma stopped studying because of the convulsions and the lack of money to buy the necessary medicine.

She has two brothers and one sister, who has two children. All of them live together in one house.

**Isabel Masabi Hurtado, age 35, diabetes and hipertensión.** Isabel used to work as a cook, but had to quit due to medical complications.

**Romelio Andrade, age 28, Paralysis and Epilepsy.** Romelio is paralyzed and has epilepsy. His parents left him and his siblings to be raised by their grandmother. His grandmother washes clothes to earn money, and his brother Ismael (age 21) helps by working in the fields as a day laborer. Ismael left school to help in the house. There are also two younger siblings, ages 9 and 11.

**Juana Torres Perez, age 30, epilepsy. Ramiro Torres Perez, age 20, epilepsy, mental retardation.** Two of the three siblings in the house have epilepsy, Ramiro and Juana. Both are being supported by **MED TO ONE**. The other sibling, Yolanda, is a student. Ramiro was diagnosed with epilepsy a year ago, and requires medicine three times a day to stabilize his condition.

All of **MED TO ONE'S** newest patients are seeking a One-to-One sponsor. To become a sponsor, or for more information, please contact **MED TO ONE** at: [info@med2one.org](mailto:info@med2one.org).

## In their own Words—Patient Letters

**MED TO ONE** believes strongly in the need to support the patient as a whole person. Sponsors have the unique opportunity to create a bond with their patient, to encourage them, and let them know they are not alone in their suffering.

Here are a few excerpts from recent letters:

From a teenager with epilepsy in Lima:  
*I am very happy with all of the words of hope for me, as many times I have been very sad because of the state of my health. But sometimes I get a complex because when I get convulsions I am very embarrassed about what my friends will think, I know this medicine helps me a lot, for this I give thanks, as without knowing me you have decided to help me,*

*through MED TO ONE.*

From a patient with Diabetes in Lima:

*First, I would like to greet you and tell you that it was a surprise for me to receive your letter, as there are few people who worry about the health of someone they don't know. For this I thank you much for worrying about my health and for your prayers. Thanks to MED TO ONE I can keep taking my medicine.*

Writing to your sponsored patient is easy. Simply write a letter or email – English is fine!—and send it to **MED TO ONE**. **MED TO ONE** will translate send the letter for the coordinator to deliver on the next monthly visit to the patient.

***MED TO ONE** is an official 501 (c)(3) charity.  
[www.med2one.org](http://www.med2one.org)*

## Official Non-Profit

**MED TO ONE is a non-profit charity under section 501 (c) (3) of the Internal Revenue Code.**

**MED TO ONE'S tax exempt status is effective as of June 4th, 2005.**

## Breaking Cycle—Continued

*(Continued from page 1)*

After several months of **MED TO ONE'S** support, Wilder gained enough confidence in himself to get a job. And after a few months working construction, he was making enough money to support himself and pay for his own medicine. Wilder went from desperation to self-sufficiency with only a few months of support. That is truly the mission of **MED TO ONE'S**.

In the words of Raquel, **MED TO ONE'S** coordinator in Lima: **MED TO ONE** is concerned with restoring the whole person. The medicine is necessary to bring relief to the physical body first. The emotional needs are next; patients are often emotionally damaged because of the physical conditions which can cause trauma and complexes, as was the case with Wilder's despondency. Finally comes the spiritual element, as we look for people to reconcile with their Creator.

Wilder was fortunate, and his case illustrates the ideal outcome for one of **MED TO ONE'S** patients. However, the reality is that "graduating" patients from Med to One's program is often more difficult.

First, there is widespread unemployment in Peru and Bolivia. Those that lack skills or training may find themselves working off the economy, in jobs that will not pay enough to meet their basic needs.

In order to enable **MED TO ONE'S** patients to enter the workforce, and sustain themselves, especially those patients with epilepsy, **MED TO ONE** is now seeking and sponsoring training courses and vocational institutes for qualified patients.

**MED TO ONE** hopes that all of its patients will graduate, so that we can continuously support and enable the next set of patients.

## Med to One at Jacksonville Chapel

**MED TO ONE** set up an informational display table in the café area of the Chapel in September, allowing visitors to learn about **MED TO ONE** as they got coffee after the service. The table featured the **MED TO ONE** video, as well as a display board with **MED TO ONE'S** mission, locations, and patient pictures. Brochures, newsletters and sponsor interest sheets were also available. Numerous people stopped by and learned about **MED TO ONE'S** mission, as well as the work we've been doing recently. **MED TO ONE** plans to set up a display table on a recurring basis to help get the word out.

If your church (or school or office or hospital, etc) has a similar lobby/meeting area where informational display tables can be set up, and you'd like **MED TO ONE** to come and set up or present, contact us at [info@med2one.org](mailto:info@med2one.org) or 973-626-9928.

## Patient Spotlight—Continued

*(Continued from page 1)*

could not get the medicines needed to control his condition. His situation worsened until he was living on the street, outside his family home. He had become violent and could not even recognize his own mother. He lost weight, his skin was burned by the sun, and he continued to exhibit violent, antisocial behavior.

His family was desperate as they were unable to help him. He was too violent to take to the doctor, too out of control to help. His situation was raised to Ducelia, the **MED TO ONE** coordinator in Arequipa, who worked through her contacts at the local hospital to help her and the family get him to the hospital and get a prescription that would control his condition.

Since **MED TO ONE** identified Adrian as a patient in December 2006, **MED TO ONE** has been providing him and his family with medicine, as well as emotional support. Adrian is now living in a Christian group home where he helps in the kitchen, helps to clean the home, and plays sports with others in the home.

In Adrian's case, the before and after pictures are so different, it is almost impossible to see that they are they same person. Only with **MED TO ONE'S** support was the "after" picture possible.



**Isabel Masabi Hurtado, 35,**  
Hypertension and Diabetes



**Romelio Andrade, 28,**  
Epilepsy, Paralysis, Bolivia.



**Juana and Ramiro Torres,**  
brother and sister, both with epilepsy, pictured with their family

## What is MED TO ONE ?

**MED TO ONE** is a non-profit charity designed to provide long-term medicine and medical care for impoverished patients in third world countries who have specific medical conditions that require constant long-term care, such as epilepsy, diabetes, high blood pressure, or heart conditions.

While many organizations exist that provide medical visits and prescribe medicines on short-term missions, these organizations are not funded to provide more than a month's medication. Doctors in these organizations counsel patients to seek medical care or another prescription from a local doctor at the end of that month, but the economic situation



Some of Lima's littlest patients waiting to be seen at a clinic.

of many of these patients makes it impossible for them to obtain more medicines once they run out. **MED TO ONE** will provide medication and continued care and for patients with chronic conditions.

## Ways to Get Involved

As **MED TO ONE** expands, so will the ways you can help. Here are a few ways to get involved

- **Needed for upcoming visit:** vitamins, Spanish bibles, Computer for Lima's Coordinator Raquel.
- **Do you have access to medicines?** Carbamazepine and glyburide are the medicines most needed by **MED TO ONE's** epileptic and diabetic patients.
- **Help spread the word** about **MED TO ONE**; request a video to show to your church, small group, business, or organization Contact Tauni at [info@med2one.org](mailto:info@med2one.org).
- **Rotary, Lions, or other club members**, arrange a date to discuss or show the **MED TO ONE** video. Tauni would be more than happy to present if possible.
- **ONE TO ONE Sponsorship.** Consider committing yourself to **MED TO ONE's** mission of giving medicine to chronic suffers, one patient at a time.
- **Become a "Friend of MED TO ONE" through a one-time donation.** Since **MED TO ONE** is continuing to expand, it needs the funds to support new patients until sponsors are identified. You can contribute financially through the **MED TO ONE** website, or by sending checks to **MED TO ONE** to PO BOX 26 in Bloomington NJ, 07403.
- **Special Skills.** Know anything about grant writing? Marketing? Willing to donate some time?
- **Pray.** **MED TO ONE** exists only through the Grace of God. Your prayer is essential to the continued success

## Upcoming Events

- **November 1—9th** **MED TO ONE's** Founder will be visiting each of the coordinators and as many patients as possible in Arequipa and Lima Peru, and Santa Cruz, Bolivia.
- **November 3rd—17th mission to Bolivia** with Medical Ministry International (MMI). **MED TO ONE's** goal will be to identify additional candidates.



Our next patient?

## Board of Directors

Tauni Crefeld, President  
Jon Crefeld, Artistic Director  
Jill Quillian, Vice President  
Chris Houlihan, Medical Director

## Contact Information

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