



MED TO ONE

Providing medicine for long-term needs, one patient at a time.

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Special points of interest:

- Med to One now supports over 20 patients in 2 locations, Lima and Arequipa, Peru.
- Med to One enables you to sponsor a patient provide them the medicine for their chronic condition.

OCTOBER 06 - Since our last newsletter in July, Med to One has grown to support over 20 patients, including a few in Arequipa, Med to One's newest location. Med to One also brought a documentary team to Peru to show the impact Med to One is already making on people's lives. Thanks to God for keeping us safe, and thanks to you for your support. —Tauni Crefeld, President.

Case Study: Turning a life around.

Six months ago, when Raquel, our Lima coordinator, met Peter Llanto Quichca, he was confused and depressed, and was far from "normal." Peter, an 18 year old epileptic, could not leave home due to his violent seizures. In August, our team went to visit him and we were disappointed he wasn't at home. His sister said he was playing soccer, and there we found him — at the top of the hill, intensely defending the goal on the community's soccer field. Raquel could not believe what a difference our medicine had made for him, and Peter would be the first to agree. He has been seizure-free for three months, and now he is coherent, articulate and beaming with a new life. Peter got a job, and is helping to support his family, which consists of his mother, his sister, and his sister's baby.



Peter, seizure-free for 3 months and working

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Lights! Camera! Watch MED TO ONE in Action!

Pile the team of six, plus luggage and the film crew's equipment, plus the driver into the hired econo-wagon taxi and twist and turn through the dusty slums of Lima! Not the glamour of a Hollywood studio, but far more real - the images of shanties, smiling children, grateful patients and the magic moment of true needs being met.

The team was composed of Tauni, Jon and Jono Crefeld, plus Raquel, and OTE Studios, made up of Mike Leonard and Jordan Bross. OTE Studios, having created films for the Have a Heart Foundation and countless volunteer groups, were perfectly suited to capture Med to One's mission. And the documentary, which is now finishing post-production, should allow everyone a captivating glimpse of what it's like to turn someone's life around.

Both the trailer and documentary should be out in November, available on DVD, on the internet, and maybe

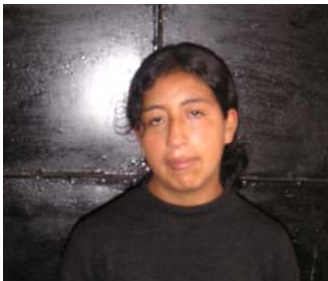


Filming Peter and other Med to One patients in Lima's Pamplona Alta District

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Machu Picchu, Incan ruins, part of Peru's cultural legacy



Ana Espinoza Timoteo, 18, Huaycan, Lima. Epilepsy and schizophrenia.



Wilder Cuzco Briceno, 27,



Lady Diana Contreras, 25, epilepsy, Arequipa.



Arequipa's outskirts

Meet Med to One's Newest Patients:

Join us in extending a warm welcome to our new patients! Some were identified during the Team Healthcare mission in Lima, others were recommended by other **MED TO ONE** patients, and the others were from Arequipa, Med to One's newest location. Several additional patients from Arequipa are currently being evaluated for admission to **MED TO ONE**.

Lima:

Jhonn-Jhonathan Bejarano Cordero, age 11. Epilepsy. Jhonathan practically lives on his own as his mother spends up to three or four days at a time at her boyfriend's house, and when she returns, her boyfriend mistreats Jhonathan. Jhonathan is greatly in need of prayer in addition to medication.

Erika Saavedra, age 8. Erika has **epilepsy and mental retardation**. As Erika is under age 18, she is eligible to receive some prescriptions through the government. However, Valprax, one of the medications needed to control her seizures is not covered under the state program.

Ana Espinoza Timoteo, age 18. Ana suffers from **Epilepsy and schizophrenia**. Ana has attempted to commit suicide earlier due to the depression she has felt because of her condition.

Wilder Cuzco Briceno, 27 years. Epilepsy. Lives with his mother and stepfather. He has suffered from epilepsy since age 12.

Henry Salas Marallona, age 5. Epilepsy and hydrocephalus. In addition, Henry is malnourished as his mother does not have a job and spends her time taking care of Henry and his father left for the jungle to find work, but since he left has only sent 70 soles (less than 25 dollars).

Ernesto Pumatay Pumatay, age 16. Mental Retardation and Epilepsy. He has not had any treatment for a year due to lack of funds.

Segundo Montenegro, 66 years. Hypertension. Without medication Segundo has high risk of stroke.

Felipa Tello, 56 years. Hypertension and diabetes. Felipa takes oral medications for both the hypertension and diabetes.

Luis Omero Vilca, 35 years. Lives with his wife and small children. Suffers from **Hypertension**.

Eusebio Huaranca Laudi, 59 years. Diabetes. Eusebio lives with his 16-year old son. His wife is an alcoholic who is currently living in Argentina.

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Now Serving Arequipa

MED TO ONE has always had dreams of enlarging its scope of operations outside of the Lima area. Early planning discussions with Medical Ministry International (MMI) identified that Arequipa was a good match. It had a large population base and regular medical missions trips which could identify patients.

Arequipa is Peru's second largest city, with approximately 750,000 inhabitants. Similar to Lima, Arequipa is filled with recent immigrants who came to the city in search of a better life, moving into the shantytowns, scraping to get by in the economy with high unemployment and low wages. The hills ringing the city are covered with these small, self-made shacks.

In August, Tauni spent a week with MMI personnel in Arequipa and interviewed and hired Ducelia Herrera de Rivera as regional coordinator. Ducelia is a retired school teacher, and has been working for the last several years as the surgical coordinator for MMI. In that role, she visits local parishes to find candidates for surgery.

Ducelia has three grown children, two of whom are attending medical school in Cuba, and the youngest of whom is in college. Ducelia is excited to work with **MED TO ONE**, and is already suggesting new programs and new options to find the neediest patients in Arequipa. She has a heart for service and **MED TO ONE** is blessed to have her join the team. **Welcome Ducelia!**



Official Non-Profit

Med to One is a non-profit charity under section 501 (c) (3) of the Internal Revenue Code.

MED TO ONE'S tax exempt status is effective as of June 4th, 2005.

Difference—Continued

(Continued from page 1)

Peter's home is difficult to reach, requiring a trek up a set of metal stairs climbing some 300 feet through the neighborhood of shacks. His home has two or three small rooms, low ceilings, single dim bulbs giving off sparse light. There is no running water.

Without MED TO ONE, Peter's life was desperate. With MED TO ONE'S support, Peter has a chance at living a normal life.

Documentary—Continued

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even will get some airtime! If you would like a copy of the MED TO ONE documentary, contact Info@med2one.org.

The documentary is being created to help everyone understand the magnitude of the need, as well as the magnitude of the difference MED TO ONE can make. And to inspire those who see it to join MED TO ONE'S mission of making a difference in patients with chronic conditions, by becoming sponsors.

The documentary will feature footage of:

- MED TO ONE patients, in their homes and neighborhoods. Including:
- Short term medical mission clinics, where MED TO ONE identifies chronic suffers, and begins their support.
- Meet Med to One's two coordinators:
- Interviews with key professionals
- Images of historic cultural significance

To request your copy of the DVD to show at your local church, small group, or organization, contact Tauni at info@med2one.org.

You will also be provided with a packet including MED TO ONE brochures, a list of patients needing sponsorship, and sign-up sheets.

One2One Sponsorship

MED TO ONE's sponsorship program "One to One" allows you to **have a direct and continuing impact on one patients' life.**

ONE TO ONE Sponsorship is \$25 per patient. Sponsors can choose specific patients highlighted in the Newsletter, or can select patients by condition. MED TO ONE can also assign a patient. Contact info@med2one.org.

Sponsors are able to write letters or emails to their patients, giving them encouragement and prayers. Letters will be translated for patients.

Numerous current patients still need sponsors: **Fortunata Villar Vicente**, 69, hypertension, osteoporosis, and depression.

Estefa Salas Tello, 62, diabetes, hypertension. **Maria Francia**, 50, diabetes.

Luz Georgina Arana, 61, diabetes, with kidney and circulation problems.

Benigna Quichca Ayasca, 52, osteoporosis and back problems.

Pilar Estrada Davila, 26, epilepsy.

All of the new MED TO ONE patients featured in this newsletter are also in need of sponsors.

New Patients—Continued

(Continued from page 2)

Yaneth Rufasta Briceno, 18 years. Epilepsy. Lives with her father and step mother. Her mother lives in Argentina and she is treated like a maid.

Arequipa:

Lady Diana Contreras, age 25. Mental Retardation and epilepsy. Lives with her mother; her father abandoned them. Lady Diana is one of four daughters. The first moved out of the house. Lady Diana is the second. The third is 16 and is moderately mentally retarded. The fourth daughter is hydrocephalic.

In Memoriam



Senior Aurelio Villavicencio Diran, passed away due to complications from his Diabetes. He was supported by MED TO ONE since Nov 2005. Pray for his wife and family.

Aurelio 1940 - 2006



Med to One founder with Luz Georgina, in Lima. Luz is still waiting for a sponsor.



Filming in Machu Picchu

What is MED TO ONE ?

MED TO ONE is a new non-profit charity designed to provide long-term medicine and medical care for impoverished patients in third world countries who have specific medical conditions that require constant long-term care, such as epilepsy, diabetes, MS, or heart conditions.

While many organizations exist that provide medical visits and prescribe medicines on short-term missions, these organizations are not funded to provide more than a month's medication. Doctors in these organizations counsel patients to seek medical care or another prescription from a local doctor at the end of that month, but the economic situation



Some of Lima's littlest patients waiting to be seen at a clinic.

of many of these patients makes it impossible for them to purchase more medicines once they run out. **MED TO ONE** will provide that continued care and medication for patients with chronic conditions.

MED TO ONE Special Needs

As **MED TO ONE** expands, so will the ways you can help. Here are a few ways to get involved

- **Request a Documentary.** Help spread the word about **MED TO ONE**; request a video to show to your church, small group, business, or organization. You will also receive an informational packet including sign-up sheets, lists of patients needing sponsors, and informational brochures. Contact Tauni at info@med2one.org.
- **Rotary, Lions, or other club members,** arrange a date to discuss **MED TO ONE**, or show the **MED TO ONE** video. Tauni will present personally if possible.
- **ONE TO ONE Sponsorship.** Consider committing yourself to **MED TO ONE**'s mission of giving medicine to chronic sufferers, one patient at a time.
- **Financially.** Since **MED TO ONE** is moving into Arequipa and has begun supporting additional patients, our need for funding has gone up. You can contribute financially by sending checks to **MED TO ONE** to either 29 Fichter Street, or PO BOX 26 in Bloomingdale NJ, 07403.
- **Special Skills.** Know anything about bookkeeping? Accounting? Law? Website development? Graphics design? Willing to donate some time?
- **Pray.** **MED TO ONE** exists only through the Grace of God. Your prayer is essential to the continued success of **MED TO ONE**.

Upcoming Events

- **November 4th – 18th mission to Lima** with Medical Ministry International (MMI). **MED TO ONE**'s goal will be to identify additional candidates.
- **Med to One Documentary Premiere:** Watch for news on time and location.



There is little medical care for children.

Board of Directors

Tauni Crefeld, President
Jon Crefeld, Vice President
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Chris Houlihan, Medical Director

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