



MED TO ONE

Providing medicine for long-term needs, one patient at a time.

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Special points of interest:

- MED TO ONE now supports 50 patients in 3 locations
- Sponsors can write to their patients, pray for them, and make a personal connection
- Copies of the MED TO ONE Documentary are still available!

Want to be a MED TO ONE Sponsor?

Be a One to One Sponsor, and find out what a difference you can make in someone's life.

Sign up online at:
www.med2one.org or
Call 973-626-9928 or
Write us at:
PO Box 26
Bloomingdale NJ 07403

It has been a busy year already. We have added three new members to the Board of Directors and they have already injected MED TO ONE with their perspectives and their energy. They have pushed me to refine the strategy of MED TO ONE, and the steps we need to take MED TO ONE to the next level. With their guidance, and with your continued support, MED TO ONE will hopefully continue to help more patients and to be supported by an ever expanding base of contributors. -- Tauni Crefeld, President, MED TO ONE .

A MERRY MED TO ONE CHRISTMAS!

Many of our MED TO ONE sponsors wanted to give a gift to their patients for Christmas. Since it is very expensive to ship items to Peru, we decided to give the patients something purchased locally, something we could give to all of the MED TO ONE families, and something festive. ... So, ever try Panettone cake? After World War II, Italian immigrants brought this fruitcake-like 'bread of luxury' to Peru, where it became a popular



Peter holding the Panettone cake
MED TO ONE gave for Christmas

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FOR TWO YEARS, with your help, MED TO ONE has focused on patients one by one. Just two years ago, we started with three patients, and now our rosters have swelled to over 70 names in the past two years! Hallelujah, it can be overwhelming when you consider the needs of millions of patients worldwide, but we are making a difference one patient at a time.

Since our inception, some of those patients have moved, some have graduated from the program, unfortunately, a few have passed away, and over fifty are still receiving active support. Of those fifty, several have been supported for a full two years. Two years of being able to work without despairing about whether to buy food or medicine. Two years of knowing that someone else cares about them and their medical condition.

Happy Anniversary Peter, Luz, and Benigna. We hope you are able to use the medicine that MED TO ONE is giving you to graduate and support yourself. If not, MED TO ONE will continue to be there for you.

SPECIAL SKILLS : VIDEO GAMING

Needed: Teenagers willing to play video games all night for a good cause! The First Reformed Church of Pompton Plains, NJ challenged its Youth Group to hold a video game marathon night to benefit MED TO ONE. Jon Crefeld, MED TO ONE'S creative director, and a youth leader at another church, spoke to the teenagers to explain MED TO ONE'S mission, and explain how many patients' lives, including teens like them, were being supported by MED TO ONE, and given a chance at normal life. The

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Ruben Azaña Villanueva,
with his mother.



Gian Pool Santos Cedano, age 5, Lima, Convulsions.



Isias, Epilepsy, Lima



Tabita, convulsions, Lima



Isabel, Epilepsy, Arequipa

Meet MED TO ONE'S Newest Patients

MED TO ONE would like to welcome its newest patients and hope that the medicine we provide will give them all a chance to live a normal life.

Ruben Azaña Villanueva , age 26, epilepsy, Lima Peru. Ruben was diagnosed with Epilepsy at the age of 10 and also has poor eyesight. Ruben lives with his parents; his father works as a locksmith. Ruben helps the family by selling CDs. Ruben's mother has problems with her kidneys which adds to the family's difficulties.

Gian Pool Santos Cedano, age 5, Lima, Peru, Convulsions. At 8 months, Gian had a high fever possibly due to Meningitis. He was in the hospital for 2 months, and has had convulsions ever since. The doctors had some hope that the convulsions would stop when Gian turned 5, but they have continued, which depressed Gian's mother. Gian's father is an assistant in a butcher shop, his mother takes care of the home. They live in a small rented home with two rooms.

Isaias Azaña Cabanillas, age 7, Lima Peru, Convulsions. At the age of 4, Isaias had his first convulsion, possibly as the result of a high fever. There was no diagnosis, but is probably epilepsy, and may be the result of incompatibility of blood types of his parents. Although Isaias spoke until he was 4 years old, he has lost this ability, as well as the ability to walk. He is not mentally retarded, however, and his case requires further study, which MED TO ONE will support. Isaias's father works as a brick layer. His mother takes care of the home and family. Isaias has two sisters ages 10 and 6. Isaias's youngest sister Tabita is also a MED TO ONE patient.

Tabita Azaña Cabanillas, age 6, Lima Peru, Convulsions. Tabita has convulsions whenever she has a fever. She is otherwise developmentally normal and is able to go to school.

Isabel, Epilepsy, Arequipa, Peru. Isabel had not been taking medication prior to MED TO ONE'S support due to lack of economic resources. Isabel works washing cars in the street, and has a son.

Mirtha Hermosa Mallqu, age 26, Lima Peru, Polio, Anorexia. Mirtha got polio when she was a child and at the age of 12 was no longer able to walk, and was also losing movement in her arms. In addition to polio, Mirtha suffers from anorexia. She needs rehabilitation as well as emotional support. MED TO ONE supports Mirtha with vitamins and calcium. Mirtha is the 3rd of 7 children, and she works selling CD's at a stall in an outdoor market. Mirtha works with Ruben, who is also a MED TO ONE patient. Ruben suffers from epilepsy and poor vision. Ruben and Mirtha make a good team; he is physically strong and she has good eyesight. He pushes her in her wheelchair to work from their neighborhood.



Many of MED TO ONE'S newest patients are seeking a One-to-One sponsor. To become a sponsor, or for more information, please contact MED TO ONE at: info@med2one.org.

Mirtha Hermosa

MED TO ONE: ON TV

Tauni Crefeld, MED TO ONE'S founder, was recently interviewed on "Up Close and Personal" with Jill Marie DePeri, which airs Wednesday nights at 6:30 on Public Access Channel 76, in Bergen and Morris counties in New Jersey. It aired February 20th. Video archives of it may become available on the program's website: www.upcloseandpersonal.org. and will be posted to the MED TO ONE website www.med2one.org, once the host provides a DVD of the episode. Tauni was interviewed about MED TO ONE, how it was founded, how it is serving now, and what the plans for MED TO ONE'S future are. The show is an un-edited interview between the host and Tauni, and Tauni was also promised that the host will air a segment of the MED TO ONE documentary on an upcoming episode. Hopefully both of the showings will raise awareness of MED TO ONE.

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www.med2one.org

Video Gaming —Continued Merry Christmas —Continued

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teenagers raised money for the Video Night, asking for contributions either by the hour or as a flat donation. Teens had to raise at least \$25, the equivalent of one month's support through **MED TO ONE**, to join the fun. Rock Band and Guitar Hero were the favorites of the evening, and chips and soda kept the gang going until the sun rose the next morning. The teens raised over \$1200 dollars, enough to support four patients for one year. The youth group now has four patient profiles, young men and women, adorning the youth group meeting room, to remind them of the year of medical support that their video games provided.

Want to sponsor your own game night? Contact info@med2one.org for more info.

MEET MED TO ONE'S NEWEST BOARD MEMBERS

MED TO ONE has the pleasure of introducing 3 new Board Members. Each of the 3 board members brings a special set of skills and focus that we believe will be instrumental in **MED TO ONE'S** continued growth.

Colonel Jaime Vazquez, USAF Retired, is a native of Puerto Rico, currently living in San Antonio, Texas. He served in the US Air Force from 1975 to 1998 where he was an Intelligence officer. He served in numerous posts, including in Spain and Korea, as the Air Attaché to Chile and as the Commandant of the Inter American Air Forces Academy (IAAFA). He is currently working at USAA, a financial services



Col. Jaime Vazquez

company focused on serving the U.S. military community and dependents. He is married to Belinda, and has 3 children, and 2 grandchildren. Colonel Vazquez's international and military experience, as well as his knowledge of Spanish and Latin America have already brought valuable insights and suggestions to **MED TO ONE**.



Dr. Boyd Kroeze

Dr. Boyd Kroeze is an

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Christmas Eve tradition. And it was a very, very popular tradition this year with the patients, many of whom cannot afford Christmas treats. And thanks to your generosity, not only did they receive 'paneton', but also chocolate and cans of milk! It became a real Christmas celebration as many of the patients lived near enough to join together and share how the Lord had blessed them through **MED TO ONE** this year. If you would like to help give your patient Panetton next year, a small donation will be taken in the fall. And just a note, **MED TO ONE** is not currently supporting Birthday or other one-time gifts.

Bolivian patients will be given Easter gifts.

Emergency Physician in Holland Michigan. He is married to Joan, and has two children, Evan 6 and Adam 3. Dr. Boyd has been on multiple short-term medical missions to Guatemala, Peru, and the Dominican Republic. Dr. Kroeze and **MED TO ONE** founder Tauni Crefeld worked together at a MMI mission in Lima in November, 2005. Dr. Kroeze's medical knowledge, and his experience serving on medical missions has also already been invaluable.



Mike Chung

Mike Chung is a partner with Accenture, a global management and technology consulting company, and has extensive experience in improving business operations through process and technology changes, and in emerging markets solutions and services. Mike was born in Korea but also spent several years living in East Africa before coming to the US. Mike is married, has two daughters, and currently lives in New Jersey. He was requested to join the board to lend his experience with technology, processes, and efficiency.

Tauni Crefeld will continue to be the President of the Board of Directors, and Jon Crefeld will continue to serve as the Creative Director of **MED TO ONE**.

Thank you to Jill Qullian and Chris Houlihan for their valued support over the past two years.

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Lady Diana, and her mother in Arequipa, holding their Christmas Panettone.



Pilar holding her Panettone Christmas cake.



Angelita in her home in Arequipa, holding the Panettone



Liz Nataly, with her mother, and Raquel, holding their Christmas Panettone cake

What is MED TO ONE ?

MED TO ONE is a non-profit charity designed to provide long-term medicine and medical care for impoverished patients in third world countries who have specific medical conditions that require constant long-term care, such as epilepsy, diabetes, high blood pressure, or heart conditions.

While many organizations exist that provide medical visits and prescribe medicines on short-term missions, these organizations are not funded to provide more than a month's medication. Doctors in these organizations counsel patients to seek medical care or another prescription from a local doctor at the end of that month, but the economic situation



Some of Lima's littlest patients waiting to be seen at a clinic.

of many of these patients makes it impossible for them to obtain more medicines once they run out. **MED TO ONE** will provide medication and continued care and for patients with chronic conditions.

Ways to Get Involved

As **MED TO ONE** expands, so will the ways you can help. Here are a few ways to get involved:

- **Time?** Willing to donate some time to help with administrative duties?
- **Add MED TO ONE to your corporate "donor match" or giving campaign programs.**
- **Write to your local newspaper about MED TO ONE .**
- **Special Skills?** Know anything about grant writing? Marketing? Accounting or Bookkeeping?
- **Do you have access to medicines?** Carbamazepine and glyburide are the medicines most needed by **MED TO ONE'S** epileptic and diabetic patients.
- **Help spread the word about MED TO ONE;** request a video to show to your church, small group, business, or organization Contact Tauni at info@med2one.org.
- **Rotary, Lions, or other club members,** arrange a date to discuss or show the **MED TO ONE** video. Tauni would be more than happy to present if possible.
- **ONE TO ONE Sponsorship.** Consider committing yourself to **MED TO ONE'S** mission of giving medicine to chronic suffers, one patient at a time.
- **Become a "Friend of MED TO ONE " through a one-time donation.** You can contribute through the **MED TO ONE** website, or by sending checks to **MED TO ONE** to PO BOX 26 in Bloomingdale NJ, 07403.
- **Pray.** **MED TO ONE** exists only through the Grace of God. Your prayer is essential to the continued success of **MED TO ONE**.

Upcoming Events

- **March 15th—22nd mission to Ica/Pisco** with Medical Ministry International (MMI). **MED TO ONE'S** goal will be to identify additional candidates (supported by Lima's coordinator)
- **March 29th—April 12th mission to Camana** with Medical Ministry International (MMI). **MED TO ONE'S** goal will be to identify additional candidates (supported by Arequipa's coordinator)



Our next patient?

Board of Directors

Tauni Crefeld, President
Jon Crefeld, Artistic Director
Dr. Boyd Kroeze, Medical Director
Col Jaime Vazquez, USAF (Ret)
Mike Chung

Contact Information

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MED TO ONE is a non-profit charity under section 501 (c) (3) of the Internal Revenue Code.

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