



MED TO ONE

Providing medicine for long-term needs, one patient at a time.

MED TO ONE has been providing patients with medicine for their chronic conditions for over three years. We've touched the lives of over 100 patients, doing something no other organization does, enabling these individuals to stabilize their conditions, to go to school, to work, to live. There are 70 active patients now, who are grateful for MED TO ONE, happy to receive this chance at a normal life that only MED TO ONE provides. Thanks for helping us give them that chance—Tauni



Grimaldina cooking

PATIENT SPOTLIGHT: GRIMALDINA

Grimaldina lives in Pamplona Alta, one of the shantytown neighborhoods of Lima where many of MED TO ONE's patients live. She lives alone in a small house. Grimaldina was diagnosed with cancer, and because she is extremely poor, she couldn't pay for medical treatments. Feeling powerless over her situation, she became despondent. Most days she spent in bed. And although her daughter lives close by, she was also too poor to help.

Raquel, Lima's MED TO ONE coordinator, was notified of Grimaldina's condition and stepped in to help. Raquel advised Grimaldina and her family about a state-funded program that would pay for her cancer treatments. However, the pain medication prescribed to ease the pain associated with these treatments was not covered. MED TO ONE provided the pain medication as well as vitamins.

When Raquel and MED TO ONE founder, Tauni Crefeld, visited in December, Grimaldina was cooking lunch in her small kitchen.

Raquel described Grimaldina as having a second chance at life. She is now able to live independently and with dignity. With help from MED TO ONE, Grimaldina gained access to a fully-funded treatment program and the medication needed to help her through it. God bless you, Grimaldina.

SPONSOR TRIP

Want to see for yourself the impact that MED TO ONE is having in the lives of its patients? Want to see the challenges the MED TO ONE patients face daily? Several sponsors lately approached me with the desire to travel to Peru or Bolivia to see their patients, and MED TO ONE is currently considering the option of hosting a MED TO ONE Sponsor trip.

If you'd be interested in traveling to Peru or Bolivia to see your patient, and would like to go as part of a MED TO ONE-organized group, please let us know. Sponsors are also able to travel to Peru or Bolivia on their own, and MED TO ONE can arrange for you to be escorted to meet your patient by the local MED TO ONE coordinator.

3 YEARS OF ENABLEMENT

Three years ago in March 2006, MED TO ONE started providing 3 patients in Lima, Peru with the medicine they needed to stabilize their chronic health conditions and to live a normal life. Three years ago, MED TO ONE was the *only* organization that would provide them with the medicine they needed.

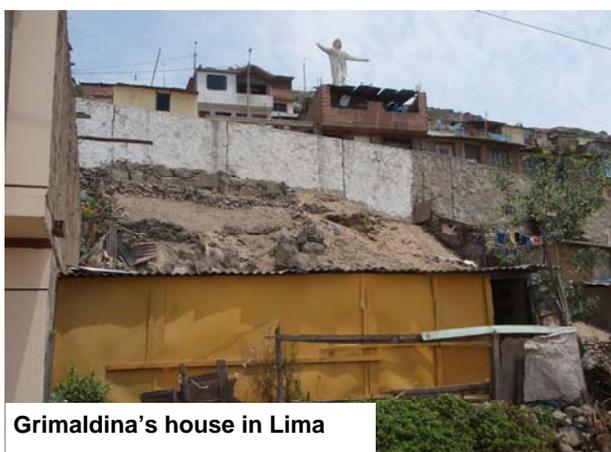
Today, MED TO ONE is *still* the *only* organization to meet these needs; the *only* place these patients can turn to for help. However, MED TO ONE has grown from those first three patients, to support over 70 active patients across 3 locations in Lima and Arequipa Peru and Santa Cruz, Bolivia, with a satellite location in Ica, Peru, and a vision for expanding to Honduras.

MED TO ONE has also expanded to focus on enablement of its patients, by provid-

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Tauni Crefeld with Grimaldina



Grimaldina's house in Lima

Want to be a MED TO ONE Sponsor?

Make a difference in someone's life.

Sign up online at:
www.med2one.org
 Call 973-626-9928

Or write:
 PO Box 26
 Bloomingdale NJ 07403

MED TO ONE is a 501 (c)(3) charity.
www.med2one.org

MED TO ONE's Newest Patients 3 years—Continued



Olivia Nuñez Diaz

MED TO ONE would like to welcome its newest patients in Carabayllo, in the Lima area.

Olivia Nuñez Diaz, age 15, Carabayllo, Lima, Peru, Seizures. Olivia was diagnosed with seizures when she was nine years old. The condition was caused by a kind of worm in her brain, which caused her to convulse frequently – up to 6 times a day. The parasite was killed, but the convulsions remained, though the frequency has lessened. Because of her condition she had to stop attending school. Olivia's mother passed away. Her father remarried, and since then she has lived with her older siblings. She lives in very poor conditions, in a house made of woven reeds.



Toribia Casas Tinoco

Toribia Casas Tinoco, age 49, Carabayllo, Lima, Peru, Diabetes. Toribia has diabetes and high cholesterol, which she was diagnosed with in 2007. She doesn't take medicine because she can't afford it. In addition, there are no pharmacies in the neighborhood she lives in, so she would have to pay to travel to a pharmacy as well. Toribia is separated from her husband and has 7 children. She works "recycling recoverable material" which means she roots through garbage dumps to find items to recycle.

To become a Sponsor for one of **MED TO ONE's** newest patients, sign-up at www.med2one.org, or contact us at info@med2one.org or 973-626-9928.

ing not just medicine, but the support they need to help them live up to their potential. Over the last 3 years **MED TO ONE** coordinators have helped place a neglected child with epilepsy into a state-run home for children, connected patients with a psychiatrist who provides free therapy, paid the tuition for patients to attend schools, started neighborhood Bible studies, and even helped change the legal name of a patient who had an unfortunate first name that was causing him psychological problems.

What's next? The expansion to Honduras as soon as **MED TO ONE** is financially able to do so. **MED TO ONE** is eager to provide the same type of stabilizing medical care and opportunities for the people of Honduras as they've been providing for its patients in Peru and Bolivia. Like Aide who can now attend night school, though she had to quit school as a teenager because of her illness. Like Liz Nataly who won't have to quit school or like Eder who is able to go to a tech school funded by **MED TO ONE** because his condition is stable.

You can be a part of **MED TO ONE's** growth. You can sponsor a patient, and give him or her the chance at a life filled with hope and opportunity. You can also volunteer to help. Contact **MED TO ONE** at info@med2one.org.

What is MED TO ONE ?

MED TO ONE is a unique organization meeting the long-term needs of impoverished patients for the long term now. **MED TO ONE** focuses on patients in Latin America suffering from epilepsy, diabetes, hypertension, Parkinson's, etc.

Why is Med to One so important?

In the countries where **MED TO ONE** serves, the socialized medical systems are terribly underfunded; medicine is generally not covered. Short term missions help fill the gap but do not meet the long-term needs of chronic sufferers.

Some patients—especially those with epilepsy—find themselves in a vicious circle where they cannot work or go to school because of their conditions, and they cannot work to pay for the medicine they need to live a normal life.

MED TO ONE can break this cycle and enable a patient to live up to their potential.

ONLY MED TO ONE meets the long-term needs of individual patients now.

MED TO ONE operates in Lima and Arequipa, Peru, Santa Cruz Bolivia, and plans to expand to Honduras soon.

Get Involved

- **Help spread the word** about **MED TO ONE**; forward or share the newsletter; request a video or brochures, or let us know a venue (small group, business, or organization) that we could present to. Contact us at info@med2one.org.
- **ONE TO ONE Sponsorship.** Consider giving a patient with a chronic condition a chance at a normal life.
- **Contribute a one-time donation.**
- **Donate your time.** There are numerous ways to help.
- **Add MED TO ONE** to your corporate "donor match" or giving campaign programs.

Board of Directors Contact Us

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MED TO ONE is a non-profit under section 501 (c) (3) of the Internal Revenue Code.