



MED TO ONE

Providing medicine to impoverished patients with long-term medical conditions in developing nations
.....to enable them to live up to their potential.



Arial view of Ayacucho



Lizeth Mancilla Estrada



Olaga and her Aunt Antonia

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Make a difference in a patient's life.

Sign up online at:
www.med2one.org
Call 973-626-9928

Or write:
PO Box 26
Bloomingdale NJ 07403

In the last newsletter I was privileged to share news of MED TO ONE's expansion to Huaraz. This newsletter I am even more excited to share news about our expansion to Ayacucho. Ayacucho is another satellite location, supported remotely by MED TO ONE's Lima-based coordinator. Ayacucho and Huaraz show MED TO ONE's dedication to supporting patients with chronic needs – in as many areas as possible – to enable them to live up to their potential. Thank you for your support which has enabled MED TO ONE to reach our new locations. – Tauni Crefeld

Expansion to Ayacucho

MED TO ONE recently expanded to Ayacucho, Peru, at the request of MED TO ONE partner organization Medical Ministry International (MMI), and personnel from the local health clinic in Ayacucho. Ayacucho will be supported as a satellite of Lima, with Lima's coordinator Raquel traveling to Ayacucho every other month, and partnering with the local health clinic to provide medication in the off-months. This is the same method that patients from Ica and Huaraz are supported. Ayacucho is approximately 6-8 hours from Lima (357 miles). MMI holds short term clinics in Ayacucho yearly and Raquel will travel to Ayacucho during the yearly clinics to help in the identification of new patients.

Ayacucho is in the highlands of Peru, at approximately 9,000 feet altitude. It is known for having 33 churches, one representing each of the years of Jesus's life. During the 1980's the Ayacucho Region was the center of guerilla activity from the Shining Path or Sendero Luminoso movement. As a consequence of the recent guerilla activity, the people of the region seem more introverted, suspicious of outsiders and less willing to accept the help of strangers.

Below are a few of MED TO ONE'S patients from Ayacucho:

Lizeth Mancilla Estrada, age 13, epilepsy.

In March of 2009, Lizeth was diagnosed with epilepsy. Lizeth is a student, and lives with her mother. Her mother is re-married with another two children. Her mother volunteers promoting health and hygiene in the local community. Her mother has been caring for Lizeth very strictly, taking her to

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Year in Review

What a year '09 has been for MED TO ONE. We grew over 150 percent by adding almost 130 patients! We also grew into two new locations! And, thanks to your help, there are 200 people in South America looking forward to 2010 with hope.

120 additional patients is hard to comprehend, but many of them came from one place: The *Albergue de Chilpinilla* (Al-berg-ay de Chill-pin-ya) which is a homeless shelter of the most forgotten and hopeless of Arequipa, Peru. It is the end of the road for people with mental and medical conditions. If they end up on the streets, they are rounded up by police and sent to the Albergue. Since the Albergue doesn't have money for medication, it could only house them, but could give them no hope of rehabilitation. But no longer. MED TO ONE is giving 97 patients at the Albergue seizure medication.

For us, it is the miracle of 2009. And a practical miracle because MED TO ONE is perfectly suited to partner with the Albergue. Their staff will see to the patient's needs, while MED TO ONE uses relationships with local pharmacies to purchase the medication for the lowest possible cost, much less than in the US.

And the practical miracle continues to unfold, as MED TO ONE grew into two new locations: Huaraz and Ayacucho, with 19 more patients. Since they're satellite locations from Lima, the only cost for supporting these locations is the cost of the medication and bi-monthly travel for the Lima coordinator.

MED TO ONE is also on its way to becoming an officially recognized as a charity in Peru, which will allow us to get donations from local organizations like churches and universities, and get discounts from pharmacies, enabling MED TO ONE'S funding to go farther and help even more patients have hope in 2010.

MED TO ONE is a 501 (c)(3) charity.
www.med2one.org



Ricardo Izaguirre Enciso

Expansion to Ayacucho— Meet MED TO ONE's Newest Patients

appointments and trying to get the medicine she needs, but they have limited economic resources. With the support of **MED TO ONE** for her medication, she will be able to continue going to school.

Olaga Orellana Rojas, 34, epilepsy. Olaga began to have seizures when she was in first grade, but wasn't officially diagnosed with epilepsy until 2008. Olaga has lived with her aunt Antonia since birth, as her mother died during childbirth. Olaga only studied through first grade, due to the seizures, and because of the constant teasing of her classmates. Olaga helps her aunt in the fields, and they raise animals. The two women live alone, and do not have any other family to help them.

Lino Enriquez Gamboa, age 27, seizures. Lino began to suffer from convulsions when he was 18, the result of being hit frequently by his abusive uncle. His face has been damaged from his Uncle's abuse, as well as due to falling during his seizures. Lino and his mother now live in the tent pictured, which he and his mother made with scrap plastics and cardboard. The local authorities have not helped Lino or his mother, and they live in deplorable conditions.

Ricardo Izaguirre Enciso, 26, epilepsy. Ricardo began to have convulsions when he was two years old. Because of his constant seizures, he never went to school and is illiterate. He may have slight retardation. He had been convulsing two times a day, and requires a neurological reevaluation. Ricardo lives with his parents who are farmers, and he has six brothers and sisters.

Reynalda Quispe Berrocal, Age 40, seizures. At 15 years old, Reynalda got severe headaches and began to have convulsions. For the past three years she has been bedridden, and she has fallen into a severe depression, not wanting to walk or talk. Her muscles have since atrophied. She needs to be evaluated by numerous specialists. Reynalda lives with her mother and her brother Vincent who take care of her. They desperately need a wheelchair, as her brother doesn't have the strength to carry her.

Angel Candia Castro, age 21, epilepsy. When he was 19 years old, there was a car accident and he hit his head. In 2008 he went to see a neurologist and they found a tumor in his head. He has convulsions five times a day. **MED TO ONE** will work with various institutions to help Angel get the care he needs. Angel is a student and lives with his parents.

If you would like to sponsor any of these patients from Ayacucho, or any of **MED TO ONE's** unsponsored patients, write: info@med2one.org, call: 973-626-9928, go to www.med2one.org, or write us at: PO Box 26, Bloomingdale NJ 07403.



Angel Candia Castro



Lino Enriquez Gamboa

What is MED TO ONE ?

MED TO ONE is a unique organization meeting the long-term needs of impoverished patients for the long term now. **MED TO ONE** focuses on patients in Latin America suffering from epilepsy, diabetes, hypertension, Parkinson's, etc.

Why is MED TO ONE so important?

In the countries where **MED TO ONE** serves, the socialized medical systems are terribly underfunded; medicine is generally not covered. Short term missions help fill the gap but do not meet the long-term needs of chronic sufferers.

Some patients—especially those with epilepsy—find themselves in a vicious circle where they cannot work or go to school because of their conditions, and they cannot work to pay for the medicine they need to live a normal life.

MED TO ONE can break this cycle and enable a patient to live up to their potential.

ONLY MED TO ONE meets the long-term needs of individual patients now.

MED TO ONE operates in Lima and Arequipa, Peru, Santa Cruz Bolivia, and plans to expand to Honduras soon.

Get Involved

- **ONE TO ONE Sponsorship.** Consider giving a patient with a chronic condition a chance at a normal life.
- Contribute a **one-time donation.**
- **Help spread the word** about **MED TO ONE**; forward or share the newsletter; request a video or brochures, or let us know a venue (small group, business, or organization) that we could present to. Contact us at info@med2one.org.
- **Donate your time.** There are numerous ways to help.
- Add **MED TO ONE** to your corporate "**donor match**" or giving campaign programs.

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MED TO ONE is a non-profit under section 501 (c) (3) of the Internal Revenue Code.