

# MED TO NE

Providing medicine for long-term needs, one patient at a time.

MEDICINA PARA CONDICIONES CRÓNICAS
... Y CAPACITANDO A PACIENTES A ALCANZAR SU MÁXIMO POTENCIAL.

MED TO ONE is gaining momentum. Requests for more patients keep coming in from medical ministry partners, including Medical Ministry International and Health Bridges International. One request even came through instant message. Support for MED TO ONE is growing as well, with new sponsors joining to help provide patients with the medicine they need to live up to their potential. But at this rate of patient growth, we cannot grow our sponsor base quickly enough. Help us by becoming a sponsor, donating one-time to our "where most needed" fund, or telling friends, family and co-workers about MED TO ONE — Tauni Crefeld.

## Peru Update

Peru is the first country **MED TO ONE** started in, and it's still where 70% of **MED TO ONE's** patients reside. There are currently over 56 individual patients there. In addition to that, the Albergue de Chipinilla, the homeless shelter with numerous residents with epilepsy that **MED TO ONE** supports, is also in Peru. There are two staff members in Peru supporting all of these patients, Raquel in Lima and Ducelia in Arequipa.

Lima's coordinator Raquel works with MED TO ONE full time and supports 44 patients in Lima and its satellite locations. Supporting Lima alone would be a full time job as "Lima" is really an amalgam of multiple different pueblos jovenes or "young towns" which are the shantytown districts surrounding Lima. These areas are up to two hours apart. The districts MED TO ONE currently supprts include Carabayllo, Huaycan, Los Olivos, Vlla El Salvador, and Pamplona Alta, as indicated by the map. Supporting all of these areas is similar to having a "New York City" coordinator

supporting all five boroughs from Queens to Brooklyn.

In addition, Raquel supports Lima's satellite locations including Chincha and Ica, which are 4 and 5 hours from Lima by bus. Raquel brings

medicine to patients in satellite locations every two months and gives another month's medication to local health workers who follow up with the patients on alternating months.

In Arequipa, Ducelia works with **MED TO ONE** part time, and supports 12 patients, in addition to the ~96 supported through the Albergue de Chipinilla (homeless shelter).

MED TO ONE is on the verge of expanding to two new satellite locations, Ayacucho and Huaraz. MMI recently requested support from MED TO ONE for around 10 patients identified during a recent clinic in Ayacucho. Raquel is planning to visit the patients and evaluate whether Ayacucho can be supported as a satellite from Lima.

MED TO ONE was also contacted by a missionary in Huaraz and asked to support an additional 10 patients there. Raquel will be traveling to Huaraz in September to visit the patients. In addition, Health Bridges International will be hosting a clinic in Huaraz in October, and Raquel plans to travel with the group to identify additional patients for MED TO ONE. Huaraz will also be a satellite of Lima, with Raquel visiting the patients every two months.

With the addition of Huaraz and Ayacucho, MED TO ONE'S coverage of Peru and those with chronic conditions will be greatly increased. But there are still areas of Peru MED TO ONE doesn't support; areas with patients with chronic conditions awaiting MED TO ONE'S unique support. To help us expand, you can be a sponsor, donate one-time, or help us spread the word.

Go to: www.med2one.org, or write us at: info@med2one.org. Or call: 973-626-9928.

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# Want to be a MED TO ONE Sponsor?

Make a difference in a patient's life.

Sign up online at: www.med2one.org Call 973-626-9928 Or write: PO Box 26 Bloomingdale NJ 07403

MED TO ONE is a 501 (c)(3) charity. www.med2one.org

Districts in Lima



#### **Nicol Santana**

# **Expansion to Chincha**

MED TO ONE recently expanded its support to Chincha, Peru, where new patients were identified during a free clinic hosted by Health Bridges International. Chincha is a city of 177K people, 125 miles south of Lima along the coast, in the desert zone near Ica that was affected by the earthquake of 2007. Chincha comes from a word meaning "Jaguar" in the language of the Pre-Incan people of Chincha.

Chincha will be supported as a satellite location by Lima's MED TO ONE coordinator. Additional patients are still being evaluated for inclusion in **MED TO ONE'S** program.

Nicol Santana Coello, 6 years old, Chincha, Peru, Seizures. Nicol was born with asphyxia, she was rehabilitated, and they gave her a blood transfusion. When she was 11 months old she suffered from meningitis, and when she was 2 years old she began to have seizures. She should be seen by a neurologist, and may need further exams such as an MRI.

Nicol has one brother who is 3. Her mother takes care of the home, her father is a day laborer.

If you would like to sponsor Nicol write: info@med2one.org, or call: 973-626-9928.



Dune near Chincha, Peru

### **Unsponsored Patients—Spotlight**

Recently MED TO ONE began sending "Spotlight on Unsponsored Patients" emails to those on our internet distribution list. These Spotlights give one unsponsored patient's story and focus on their challenges and how MED TO ONE is helping them. Unsponsored patients are supported through **MED TO ONE'S** "where most needed" fund until a sponsor can be identified for them.

Below is one of the patients recently featured in a "Spotlight" who is awaiting sponsorship. To sponsor a MED TO ONE patient, or to receive "Spotlight" or other emails from MED TO ONE, please write: info@med2one.org.

Margarita Lara Ruiz, age 16, Seizures, Lima. When Margarita was 6 months old she suffered from meningitis, and she began to have seizures when she was 2 years old. Margarita had an operation for a brain tumor in 2000. Since then she has suffered from short-term memory lapses that last 3 to 5 minutes, after which she feels tired. She is currently pregnant. She should be seen by

> a neurologist, and may need further exams such as an MRI. Margarita lives with her mother, and her 3 siblings, who range in age from 25 to 10. Only her mother works and supports the family. Margarita does not work and only attended school through 4th grade due to her condition.

#### Margarita Lara

## What is MED TO ONE?

MED TO ONE is a unique organization meeting the longterm needs of impoverished patients for the long term now. MED TO ONE focuses on patients in Latin America suffering from epilepsy, diabetes, hypertension, Parkinson's, etc.

#### Why is MED TO ONE so important?

In the countries where **MED TO ONE** serves, the socialized medical systems are terribly underfunded; medicine is generally not covered. Short term missions help fill the gap but do not meet the long-term needs of chronic sufferers.

Some patients—especially those with epilepsy—find themselves in a vicious circle where they cannot work or go to school because of their conditions, and they cannot work to pay for the medicine they need to live a normal life. MED TO ONE can break this cycle and enable a patient to live up to their potential.

#### ONLY MED TO ONE meets the long-term needs of individual patients now.

MED TO ONE operates in Lima and Arequipa, Peru, Santa Cruz Bolivia, and plans to expand to Honduras soon.

# **Get Involved**

- ONE TO ONE Sponsorship. Consider giving a patient with a chronic condition a chance at a normal life.
- Contribute a one-time donation.
- Help spread the word about MED TO ONE; forward or share the newsletter; request a video or brochures, or let us know a venue (small group, business, or organization) that we could present to. Contact us at info@med2one.org.
- Donate your time. There are numerous ways to help.
- Add MED TO ONE to your corporate "donor match" or giving campaign programs.

#### **Board of Directors**

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